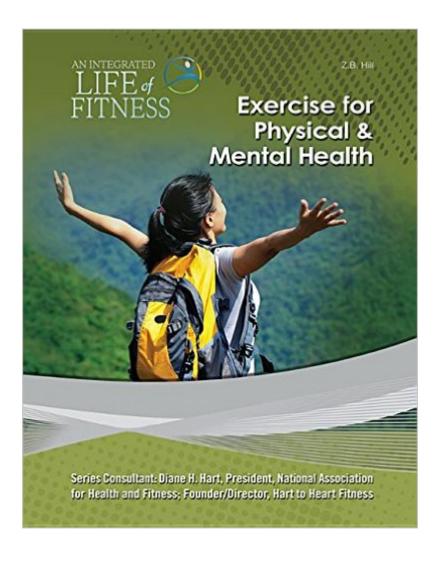
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Series: An Integrated Life of Fitness (Book 10) Library Binding: 64 pages Publisher: Mason Crest (September 2014) Language: English ISBN-10: 1422231615 ISBN-13: 978-1422231616 Product Dimensions: 0.5 x 6.8 x 9.2 inches Shipping Weight: 13.4 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #4,766,653 in Books (See Top 100 in Books) #55 in Books > Teens > Personal Health > Personal Hygiene #94 in Books > Teens > Personal Health > Fitness & Exercise

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